Along streams, up hills, between trees. Follow The Outdoor City Run Routes and explore the greenest city on foot.

# THE OUTDOOR CITY RUN ROUTES Journey through Shire Brook, 'the forgotten valley'

# Provided by:



## Supported by:





For more information on this and other run routes: **www.theoutdoorcity.co.uk** #findyourpace

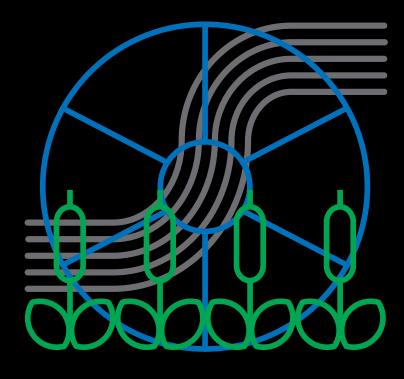












Running between the villages of Woodhouse and Hackenthorpe, Shire Brook is referred to as "the forgotten valley". The area was once a hive of mining and industrial activity, with evidence of waterwheels dating back to Tudor times. Now, it's a tranquil nature reserve, containing woodland, heathland and marshland.

Both routes begin on the Trans Pennine Trail, before descending towards the brook.

The green route follows the brook and climbs back up past the visitor centre — if it's open, call in to find out more about the area's history. The blue route descends down towards the A57. It then climbs to a great viewpoint, before descending steeply to rejoin the Trans Pennine Trail.

# 1.3KM 5.3KM

### **DIFFICULTY**





### **TERRAIN**

Blue route follows a gently undulating path with a steep descent and a gravelly section. Green route is on narrow paths that can get muddy.

### **FACILITIES**



### **LOCATION** S13 7BR

### **GPX LINK**

http://gb.mapometer.com/running/route\_4404666.

### FIND YOUR PACE IN THE OUTDOOR CITY

Thirty run routes are now signposted and mapped across fourteen locations. Explore Sheffield by seeking The Outdoor City Run Routes we've marked in parks and woodland across the city. We've colour coded them so that whatever your pace you can choose trails that suit Easy, Medium, Hard and Challenging. You'll soon find that every route gives you a different experience whether you choose to walk or run — it's all about finding your pace.

Bradfield to Damflask 5KM 10KM

City Centre 2.4KM 5.7KM

Concord & Woolley Wood 2.5KM 4KM

Ecclesall Wood 1.2KM 4KM 5KM 14KM 24KM

Firth Park 1.7KM 4.3KM

Graves Park 2.5KM 4KM High Hazels 1.6KM 4.7KM

Lowfield 355M

Manor Fields Park 1.6KM

The Ponderosa & Crookes Valley 1KM 3KM

Rivelin 2.1KM 3.7KM Shirebrook 1.3KM 5.3KM Thorncliffe 2.3KM 4KM

Wharncliffe 1.2KM 4.5KM 10KM

