

Along streams, up hills, between trees.
Follow The Outdoor City Run Routes and
explore the greenest city on foot.

THE OUTDOOR CITY RUN ROUTES

Traffic-free trails in central Sheffield



Provided by:



Supported by:



Stagecoach



For more information on this and other run routes:

www.theoutdoorcity.co.uk

#findyourpace



Escape from the traffic and noise of Sheffield city centre, on one of these two urban routes.

The green route explores the city's central waterways. It follows the canal from its basin at Victoria Quays, crossing a bridge to run alongside the River Don.

Meanwhile the blue route heads uphill, passing sights such as the iconic Park Hill flats and the Cholera Monument – where you'll be treated to a brilliant view across the whole of the city centre. A path through Clay Wood leads on to a loop of Norfolk Heritage Park, with its grand entrance and its spectacular tree-lined avenues. If it is dark you may prefer to return by the outward route rather than crossing the footbridge over the railway.

DISTANCE

2.3KM

5.7KM

DIFFICULTY

EASY

MEDIUM

TERRAIN

Mostly tarmac and towpath on the green route, with varied terrain and some woodland paths on the blue route.

FACILITIES



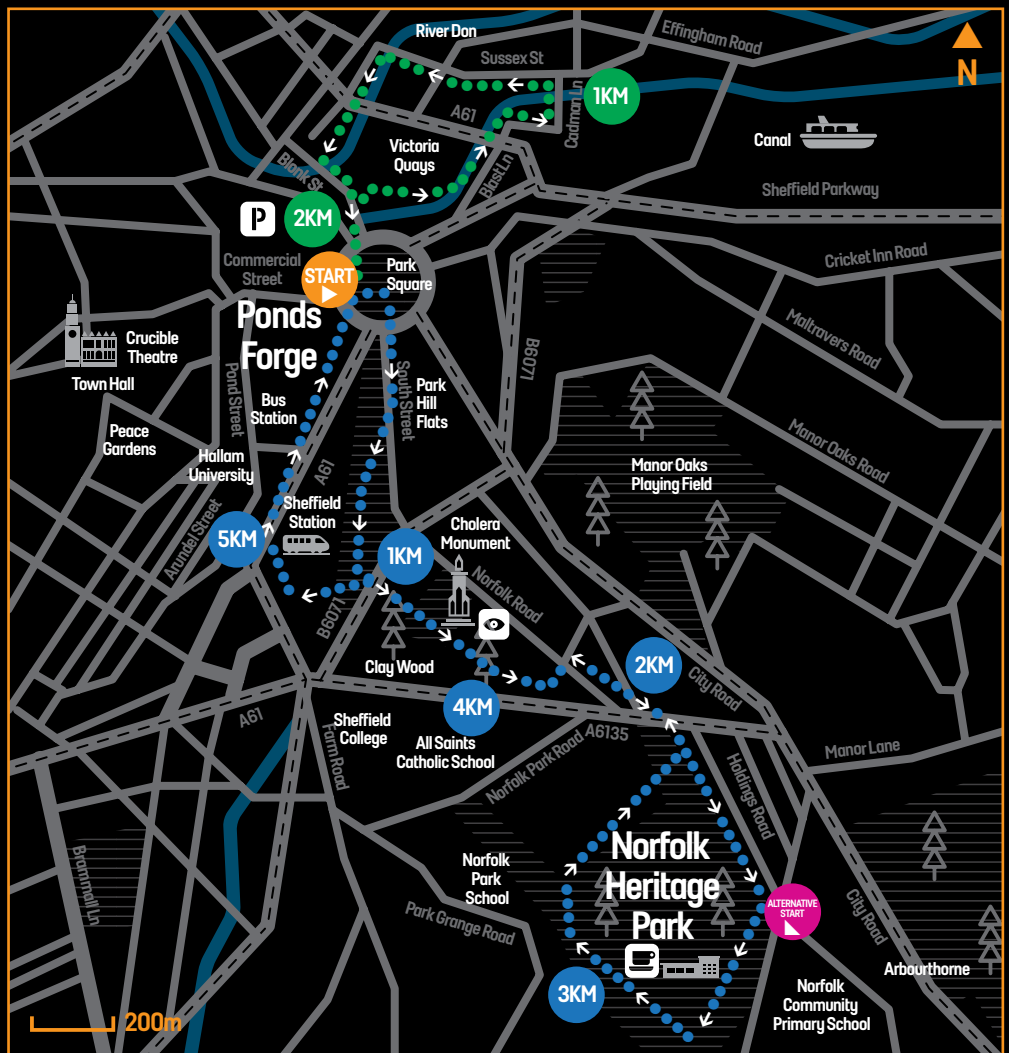
Runners may use changing & shower facilities at Ponds Forge for a small fee. For more info on facilities & offers visit: www.siv.org.uk/citycentrerun

LOCATION

S1 2AR

GPX LINK

http://gb.mapometer.com/running/route_4410780.html



FIND YOUR PACE IN THE OUTDOOR CITY

Thirty run routes are now signposted and mapped across fourteen locations. Explore Sheffield by seeking The Outdoor City Run Routes we've marked in parks and woodland across the city. We've colour coded them so that whatever your pace you can choose trails that suit **Easy**, **Medium**, **Hard** and **Challenging**. You'll soon find that every route gives you a different experience whether you choose to walk or run – it's all about finding your pace.

- Bradfield to Damflask **5KM 10KM**
- City Centre **2.4KM 5.7KM**
- Concord & Woolley Wood **2.5KM 4KM**
- Ecclesall Wood **1.2KM 4KM 5KM 14KM 24KM**
- Firth Park **1.7KM 4.3KM**
- Graves Park **2.5KM 4KM**
- High Hazels **1.6KM 4.7KM**
- Lowfield **355M**
- Manor Fields Park **1.6KM**
- The Ponderosa & Crookes Valley **1KM 3KM**
- Rivelin **2.1KM 3.7KM**
- Shirebrook **1.3KM 5.3KM**
- Thornccliffe **2.3KM 4KM**
- Wharnccliffe **1.2KM 4.5KM 10KM**

